

WYNIKI XI BIEG OPOLSKI

Organizator: Stowarzyszenie Bieg Opolski

Termin: 2013-07-06

Miejsce: Opole (Wyspa Bolko)

Dystans: 10 km

| poz. | nr | nazwisko i imię | pleć | poz. | kat. | miejsowość | klub | netto | rezultat |
|------|-----|------------------------|------|------|-------------|------------------|----------------------------|----------|-----------------|
| 1 | 527 | KARBOWIAK Kamil | M | 1 | MWO | Brzeg | | 00:36:11 | 00:36:12 |
| 2 | 91 | PACHUTA Krzysztof | M | 2 | MMO MWO | Opole | TRAK OPOLE | 00:36:26 | 00:36:27 |
| 3 | 363 | UCIECHOWSKI Marcin | M | 3 | MMO MWO | Opole | Opole | 00:36:37 | 00:36:39 |
| 4 | 238 | FUHL Krzysztof | M | 4 | MWO | Jemielnica | | 00:36:58 | 00:37:00 |
| 5 | 221 | MISTYGACZ Bartłomiej | M | 5 | | Wierzchias | | 00:37:18 | 00:37:21 |
| 6 | 19 | MUSIAŁ Artur | M | 6 | MWO | Namysłów | NKB ZRYW NAMYSŁÓW | 00:37:24 | 00:37:25 |
| 7 | 37 | TYBUREK Rafał | M | 7 | PFT | Oława | Oława | 00:37:29 | 00:37:31 |
| 8 | 388 | WOJNAROWICZ Janusz | M | 8 | PFT | Zgorzelec | EDI TEAM ZGORZELEC | 00:37:36 | 00:37:38 |
| 9 | 497 | PIOTROWSKI Adam | M | 9 | MMO MWO | Opole | | 00:37:48 | 00:37:50 |
| 10 | 43 | MOMRO Łukasz | M | 10 | | Zabrze | AKMB PĘDZIWIATR GLIWICE | 00:38:10 | 00:38:14 |
| 11 | 276 | HRYNIÓW Łukasz | M | 11 | MWO | Chrząższczyce | | 00:38:18 | 00:38:21 |
| 12 | 229 | CHYBA Szymon | M | 12 | MWO PFT | Kluczbork | KS Krotosz Krotoszyn | 00:38:22 | 00:38:26 |
| 13 | 446 | ŁOPIANIAK Tomasz | M | 13 | MMO MWO PFT | Opole | KB "BiegamBoLubie" Opole | 00:38:25 | 00:38:28 |
| 14 | 109 | PIOTROWSKI Jacek | M | 14 | MMO MWO | Opole | | 00:38:31 | 00:38:35 |
| 15 | 14 | HĄCZYK Jarosław | M | 15 | MMO MWO | Opole | Bieg Opolski | 00:38:38 | 00:38:40 |
| 16 | 262 | BUGDOL Jakub | M | 16 | | Racibórz | | 00:38:45 | 00:38:50 |
| 17 | 361 | UCIECHOWSKI Piotr | M | 17 | MMO MWO | Opole | OZPR Opole | 00:39:19 | 00:39:20 |
| 18 | 430 | BODANKA Piotr | M | 18 | | Nieznanice | Festiwal Biegowy w Krynicy | 00:39:15 | 00:39:20 |
| 19 | 65 | PACUŁA Andrzej | M | 19 | | Gliwice | AKMB Pędziwiatr Gliwice | 00:39:30 | 00:39:34 |
| 20 | 285 | BARTELA Mateusz | M | 20 | MMO MWO | Opole | UKS MOS Opole | 00:39:31 | 00:39:41 |
| 21 | 185 | ŚWIĘTOŃ Jan | M | 21 | MMO MWO | Opole | DanJan | 00:39:52 | 00:39:55 |
| 22 | 90 | KOWAL Andrzej | M | 22 | | Konopiska | amator | 00:40:02 | 00:40:12 |
| 23 | 209 | NOCUN Tomasz | M | 23 | | Borowno | | 00:40:10 | 00:40:16 |
| 24 | 46 | BEDNORZ Marek | M | 24 | MWO | Świerkle | | 00:40:12 | 00:40:21 |
| 25 | 6 | KOTALA Michał | M | 25 | | Kraków | | 00:40:19 | 00:40:27 |
| 26 | 539 | PORADA Adam | M | 26 | MWO | Zdzieszowice | Bazyliia Team | 00:40:26 | 00:40:32 |
| 27 | 139 | BAK Jacek | M | 27 | MMO MWO | Opole | Drużyna Szpiku | 00:40:36 | 00:40:39 |
| 28 | 68 | ŚMIGIEL Łukasz | M | 28 | MWO | Prądy | | 00:40:37 | 00:40:43 |
| 29 | 74 | HOLIK Sebastian | M | 29 | MWO | Biadacz K. Opola | | 00:40:44 | 00:40:45 |
| 30 | 438 | WALASZCZYK Radosław | M | 30 | | Częstochowa | | 00:40:40 | 00:40:45 |
| 31 | 72 | HORWAT Jan | M | 31 | | Bronów | | 00:40:46 | 00:40:52 |
| 32 | 492 | SITNIK Andrzej | M | 32 | MWO | Leśnica | Leśnica | 00:40:44 | 00:40:54 |
| 33 | 422 | LOS Patryk | M | 33 | MWO | Krapkowice | Garage Gym | 00:40:52 | 00:40:55 |
| 34 | 381 | ZIELIŃSKI Mateusz | M | 34 | MWO | Kujakowice Górne | | 00:40:42 | 00:40:57 |
| 35 | 435 | STEFANIDES Piotr | M | 35 | MWO | Kędzierzyn-Koźle | | 00:40:50 | 00:40:59 |
| 36 | 38 | JĘDRZEJEWSKA Katarzyna | K | 1 | MMO MWO | Opole | BiegamBoLubie Opole | 00:40:58 | 00:41:01 |
| 37 | 112 | SIEKIERKA Janusz | M | 36 | | Słupsko | Zryw Słupsko | 00:41:04 | 00:41:15 |

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| 38 | 294 | SOKOŁOWSKI Tomasz | M | 37 | PFT | Kraków | | 00:41:21 | 00:41:29 |
| 39 | 75 | SZCZEPANIAK Rafał | M | 38 | MWO | Karłowice | | 00:41:31 | 00:41:32 |
| 40 | 392 | MUSIAŁ Mirosław | M | 39 | MWO | Dylaki | | 00:41:28 | 00:41:33 |
| 41 | 207 | ŁAKOMSKI Tomasz | M | 40 | | Nowy Sącz | | 00:41:25 | 00:41:34 |
| 42 | 129 | BOSY Jacek | M | 41 | MMO MWO PFT | Opole | FAST FOOT Opole | 00:41:35 | 00:41:42 |
| 43 | 480 | RYGUŁA Anna | K | 2 | MMO MWO | Opole | | 00:41:41 | 00:41:44 |
| 44 | 287 | PALIGA Roman | M | 42 | MWO | Bzinica Nowa | | 00:41:40 | 00:41:54 |
| 45 | 460 | LEŚNIEWSKI Piotr | M | 43 | MMO MWO | Opole | | 00:41:49 | 00:41:58 |
| 46 | 27 | OLSZEWSKI Eligiusz | M | 44 | MMO MWO | Opole | BBL Opole | 00:41:55 | 00:42:03 |
| 47 | 441 | WELM Grzegorz | M | 45 | | Częstochowa | Zabiegani Częstochowa | 00:41:57 | 00:42:06 |
| 48 | 1003 | TRONT Adam | M | 46 | MWO | ŁUBNIANY | | 00:42:11 | 00:42:16 |
| 49 | 235 | TOŁŁOCZKO Arkadiusz | M | 47 | | Chwałowice | KB HARCOWNIK Jelcz-Laskowice | 00:42:14 | 00:42:19 |
| 50 | 49 | ŁUBNIEWSKI Łukasz | M | 48 | MWO | Prudnik | MASAJ Prudnik | 00:42:14 | 00:42:22 |
| 51 | 245 | MATUSZAK Przemysław | M | 49 | MWO PFT | Prudnik | | 00:42:17 | 00:42:24 |
| 52 | 519 | RYCHLIK Marcin | M | 50 | MMO MWO | Wyszanów | JW1907 | 00:42:17 | 00:42:27 |
| 53 | 215 | FILIPCZAK Dariusz | M | 51 | MWO | Strzelce Opolskie | RSIR STRZELCE OPOLSKIE | 00:42:20 | 00:42:29 |
| 54 | 351 | KONARSKI Piotr | M | 52 | MWO | Krasków | | 00:42:18 | 00:42:31 |
| 55 | 241 | FALKESTROM Anders | M | 53 | | Wrocław | SCA Hygiene Products, Olawa | 00:42:29 | 00:42:34 |
| 56 | 140 | KOŁCZ Maciej | M | 54 | | Krupski Młyn | | 00:42:34 | 00:42:44 |
| 57 | 125 | HRYNIÓW Dariusz | M | 55 | MWO | Chrzaszczyce | OIRP Opole | 00:42:43 | 00:42:52 |
| 58 | 474 | BAK Marek | M | 56 | | Tarnowskie Góry | niezrzeszony | 00:42:45 | 00:42:52 |
| 59 | 25 | STRZELCZAK Robert | M | 57 | MMO MWO | Opole | BBL Opole | 00:42:40 | 00:42:53 |
| 60 | 23 | HOCZEK Tomasz | M | 58 | MMO MWO | Opole | | 00:42:49 | 00:42:59 |
| 61 | 528 | FRYDEL Piotr | M | 59 | MMO MWO | Opole | Bieg Opolski | 00:42:52 | 00:43:04 |
| 62 | 457 | GRALA Leszek | M | 60 | MMO MWO | Opole | tato Bartka | 00:43:01 | 00:43:05 |
| 63 | 376 | IRA Robert | M | 61 | MMO MWO | Opole | BIEG OPOLSKI | 00:43:03 | 00:43:12 |
| 64 | 300 | WESOŁOWSKI Michał | M | 62 | MMO MWO | Opole | BP ITAKA | 00:43:05 | 00:43:15 |
| 65 | 362 | UCIECHOWSKA Teresa | K | 3 | MMO MWO | Opole | Opole | 00:43:14 | 00:43:17 |
| 66 | 24 | KOTYSZ Waldemar | M | 63 | MMO MWO | Opole | BBL Opole | 00:43:12 | 00:43:20 |
| 67 | 144 | RUSZCZAK Bogdan | M | 64 | MMO MWO PFT | Opole | | 00:43:14 | 00:43:26 |
| 68 | 320 | PETECKI Michał | M | 65 | MWO | Głubczyce | | 00:43:22 | 00:43:31 |
| 69 | 313 | PALACZ Marcin | M | 66 | MWO | Brzeg | "BUNGE" KRUSZWICA | 00:43:30 | 00:43:33 |
| 70 | 61 | HALOT Mirosław | M | 67 | | Wrocław | | 00:43:31 | 00:43:38 |
| 71 | 103 | LACH Sebastian | M | 68 | MWO | Grodków | Niezrzeszony | 00:43:33 | 00:43:39 |
| 72 | 226 | LUDWIKOWSKI Paweł | M | 69 | MMO MWO | Opole | | 00:43:30 | 00:43:40 |
| 73 | 350 | CZEKAJ Paweł | M | 70 | MWO | Dobrzeń Wielki | niezrzeszony | 00:43:29 | 00:43:41 |
| 74 | 543 | JURKIEWICZ Karol | M | 71 | MMO MWO | Opole | SĄSIĘDZI OPOLE | 00:43:35 | 00:43:44 |
| 75 | 159 | WIŚNIEWSKI Łukasz | M | 72 | MMO MWO | Opole | Niezrzeszony | 00:43:35 | 00:43:48 |
| 76 | 171 | MALINOWSKI Artur | M | 73 | MMO MWO | Opole | | 00:43:47 | 00:43:49 |
| 77 | 17 | KOCHANOWSKI Rafał | M | 74 | MMO MWO | Opole | gitd.pl | 00:43:39 | 00:43:49 |
| 78 | 496 | MATYSIAK Łukasz | M | 75 | | Kobyła Góra | | 00:43:43 | 00:43:50 |
| 79 | 295 | DANKÓW Krzysztof | M | 76 | MMO MWO | Opole | | 00:43:30 | 00:43:52 |
| 80 | 35 | GORECKO Michał | M | 77 | | Zabrze | | 00:43:48 | 00:43:56 |
| 81 | 198 | BAZIUK Bartosz | M | 78 | MWO | Przełęk | Biegam bo lubię:) | 00:43:54 | 00:43:59 |
| 82 | 123 | ŁABOWSKI Paweł | M | 79 | | Olawa | | 00:43:47 | 00:44:02 |
| 83 | 81 | ZACHARIASZ Józef | M | 80 | MMO MWO | Opole | LUKS ŻÓRAWINA, BBL OPOLE | 00:43:55 | 00:44:05 |

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| 84 | 160 | GURYŃ Zbigniew | M | 81 | | Legnica | ZG Lubin | 00:43:57 | 00:44:13 |
| 85 | 250 | GAŁANDZIEJ Szymon | M | 82 | PFT | Głogów | Hicron | 00:44:08 | 00:44:14 |
| 86 | 360 | RYZNER Krzysztof | M | 83 | | Jarosław | Jarosław | 00:44:09 | 00:44:17 |
| 87 | 138 | RAWSKI Dariusz | M | 84 | MWO | Bytków | darspeed | 00:44:08 | 00:44:18 |
| 88 | 263 | MAŁŁEK Bartosz | M | 85 | MMO MWO PFT | Opole | ULTRA100 | 00:44:23 | 00:44:30 |
| 89 | 270 | WILCZEK Łukasz | M | 86 | MMO MWO | Opole | I belong to God... | 00:44:16 | 00:44:32 |
| 90 | 432 | NIEWIADOWSKI Tomasz | M | 87 | MWO | Nysa | | 00:44:29 | 00:44:32 |
| 91 | 286 | STRAUB Paweł | M | 88 | MMO MWO | Opole | | 00:44:16 | 00:44:34 |
| 92 | 463 | MAJEWSKI Adam | M | 89 | MWO | Lisiećcice | Morsy Dębowa | 00:44:20 | 00:44:40 |
| 93 | 423 | HAJDAS Roman | M | 90 | MWO | Krapkowice | Garage Gym | 00:44:38 | 00:44:42 |
| 94 | 458 | GÓRAL Robert | M | 91 | MWO | Brzeg | NIEZRZESZONY | 00:44:42 | 00:44:48 |
| 95 | 445 | GOERLICH Ginter | M | 92 | MMO MWO | Opole | Bieg Opolski | 00:44:43 | 00:44:49 |
| 96 | 513 | PRYJDA Tomasz | M | 93 | MMO MWO | Opole | | 00:44:38 | 00:44:49 |
| 97 | 447 | NOWICKI Marek | M | 94 | MWO | Krapkowice | GarageGymKrapkowice | 00:44:48 | 00:44:51 |
| 98 | 542 | KULESA Łukasz | M | 95 | MWO | Kędzierzyn-Koźle | Kolegium Sędziów Kędzierzyn-Koźle | 00:44:49 | 00:44:59 |
| 99 | 366 | LASENGA Piotr | M | 96 | MMO MWO | Ostrożnica | | 00:44:30 | 00:45:04 |
| 100 | 357 | BABIK Łukasz | M | 97 | MMO MWO | Opole | Bongo Opole | 00:45:02 | 00:45:06 |
| 101 | 517 | SORNAT Paweł | M | 98 | MMO MWO | Opole | JW 1907 Opole | 00:45:02 | 00:45:11 |
| 102 | 505 | IWAŃSKI Józef | M | 99 | MWO | Krapkowice | | 00:45:03 | 00:45:12 |
| 103 | 134 | SERWUSZOK Damian | M | 100 | MWO | Kadłub Turawski | | 00:44:57 | 00:45:13 |
| 104 | 1007 | LESZCZYŃSKI Maciek | M | 101 | | Bielsko-Biała | | 00:45:08 | 00:45:15 |
| 105 | 305 | CHAMALA Krzysztof | M | 102 | MWO | Częstochowa | | 00:45:14 | 00:45:30 |
| 106 | 10 | GABRUK Andrzej | M | 103 | MWO | Lewin Brzeski | TeNcza Lewin Brzeski | 00:45:18 | 00:45:32 |
| 107 | 499 | WIĄCEK Marcin | M | 104 | MMO MWO | Opole | | 00:45:25 | 00:45:37 |
| 108 | 338 | MEHL Wojciech Piotr | M | 105 | | Stockelsdorf / Niemcy | ATSV Stockelsdorf | 00:45:31 | 00:45:42 |
| 109 | 331 | OGONOWSKI Edward | M | 106 | MMO MWO | Opole | Żółwik Opole | 00:45:36 | 00:45:46 |
| 110 | 48 | OLIWA Piotr | M | 107 | MWO PFT | Tułowice | BBL Opole | 00:45:37 | 00:45:50 |
| 111 | 265 | SERWUSZOK Daniel | M | 108 | MWO | Kadłub Turawski | | 00:45:42 | 00:45:58 |
| 112 | 188 | USZKO Grzegorz | M | 109 | MWO | Siedlec | | 00:45:51 | 00:46:00 |
| 113 | 212 | GŁÓWKA Maciej | M | 110 | | Wrocław | Be Better | 00:45:49 | 00:46:02 |
| 114 | 42 | SPYRCZAK Rafał | M | 111 | | Wrocław | Baumit.com | 00:45:48 | 00:46:02 |
| 115 | 383 | HACZYK Natalia | K | 4 | MMO MWO | Opole | Bieg Opolski | 00:45:57 | 00:46:09 |
| 116 | 21 | ŁOJKO Michał Esteban | M | 112 | | Drzonków | Rajtarowianka Drzonków | 00:45:48 | 00:46:12 |
| 117 | 353 | KANTOR Marek | M | 113 | MMO MWO | Opole | | 00:45:49 | 00:46:14 |
| 118 | 146 | RADYJOWSKI Maciej | M | 114 | MMO MWO | Opole | | 00:45:47 | 00:46:14 |
| 119 | 9 | PACAN Daniel | M | 115 | MWO | Ligota Dolna | endurance opole | 00:46:12 | 00:46:17 |
| 120 | 267 | KOWOHL Adrian | M | 116 | MWO | Krapkowice | | 00:45:58 | 00:46:19 |
| 121 | 476 | POTOCKI Michał | M | 117 | MMO MWO | Opole | | 00:46:11 | 00:46:21 |
| 122 | 202 | JONIEC Janusz | M | 118 | MWO | Brzeg | | 00:46:18 | 00:46:26 |
| 123 | 281 | WALACIK Adam | M | 119 | | Wieruszów | | 00:46:08 | 00:46:27 |
| 124 | 227 | ZEMŁAK Bartosz | M | 120 | MWO | Kędzierzyn-Koźle | | 00:46:11 | 00:46:29 |
| 125 | 506 | KRUPA Tomasz | M | 121 | | Dzierżoniów | TAURON Dystrybucja S.A. | 00:45:50 | 00:46:29 |
| 126 | 1 | OSTROWSKI Rafał | M | 122 | MMO MWO | Opole | | 00:46:20 | 00:46:31 |
| 127 | 490 | FORYŚ Jarosław | M | 123 | MWO | Byczyna | | 00:46:28 | 00:46:36 |
| 128 | 452 | RIGOL Piotr | M | 124 | MWO | Krapkowice | GarageGym Krapkowice | 00:46:33 | 00:46:38 |
| 129 | 249 | OSIADŁY Piotr | M | 125 | PFT | Nowa Sól | Hicron | 00:46:31 | 00:46:41 |

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| 130 | 277 | MORMUL Łukasz | M | 126 | MWO | Namysłów | | 00:46:36 | 00:46:47 |
| 131 | 52 | DREWNIOK Adrian | M | 127 | | Gliwice | Fiat 126p Club Polska | 00:46:15 | 00:46:47 |
| 132 | 93 | RUP Radosław | M | 128 | MMO MWO | Opole | | 00:46:39 | 00:46:48 |
| 133 | 1004 | TRONT Krystian | M | 129 | | ŁUBNIANY | | 00:46:42 | 00:46:48 |
| 134 | 462 | GUTKOWSKI Adam | M | 130 | MWO | Krapkowice | GarageGym | 00:46:44 | 00:46:52 |
| 135 | 36 | MYSZOR Tomasz | M | 131 | MMO MWO | Opole | | 00:46:37 | 00:46:54 |
| 136 | 544 | GŁUSZEK Ryszard | M | 132 | MWO | Kalinowice | OSiR Strzelce Opolskie | 00:46:32 | 00:46:54 |
| 137 | 325 | SZOBER Grzegorz | M | 133 | MWO | Strzelce Opolskie | OSiR Strzelce Opolskie | 00:46:41 | 00:46:55 |
| 138 | 157 | DOBZYCKI Janusz | M | 134 | MWO | Nysa | | 00:46:35 | 00:46:55 |
| 139 | 54 | MIŚKIEWICZ Krzysztof | M | 135 | MWO | Olesno | ZIP | 00:46:40 | 00:46:55 |
| 140 | 59 | KILIAN Bartek | M | 136 | MWO | Niemodlin | ZIP | 00:46:40 | 00:46:55 |
| 141 | 127 | PASIEKA Maciej | M | 137 | MWO | Nysa | | 00:46:42 | 00:46:56 |
| 142 | 12 | GABRUK Bartosz | M | 138 | MWO | Lewin Brzeski | | 00:46:41 | 00:46:56 |
| 143 | 56 | OSUCH Piotr | M | 139 | MWO | Nysa | | 00:46:45 | 00:46:57 |
| 144 | 283 | ZAMOJSKI Daniel | M | 140 | | Bytom | | 00:46:46 | 00:46:57 |
| 145 | 92 | MARKIEWICZ Wiesław | M | 141 | MWO | Kały | PGKiM Antoniów | 00:46:52 | 00:47:02 |
| 146 | 203 | BARANOWSKA Bożena | K | 5 | MWO | Jemielnica | | 00:46:40 | 00:47:03 |
| 147 | 44 | SIMIŃSKI SŁAWOMIR | M | 142 | MMO MWO | OPOLE | | 00:46:37 | 00:47:07 |
| 148 | 1002 | ŁABELL Piotr | M | 143 | MMO MWO | Opole | | 00:46:58 | 00:47:08 |
| 149 | 512 | IWAŃSKI Irek | M | 144 | MWO | Krapkowice | | 00:46:59 | 00:47:08 |
| 150 | 1009 | CZARTORYSKA Natalia | K | 6 | | Opole | Bieg Opolski | 00:46:53 | 00:47:10 |
| 151 | 365 | PIJANKA Mariusz | M | 145 | MMO MWO | Opole | | 00:46:59 | 00:47:17 |
| 152 | 89 | SZAJCA Andrzej | M | 146 | MMO MWO | Opole | | 00:47:09 | 00:47:19 |
| 153 | 346 | PAWŁOWSKI Jakub | M | 147 | | Kotulin | C2 Team | 00:47:08 | 00:47:20 |
| 154 | 419 | ZMUDŹ Grzegorz | M | 148 | | Opole | CCIG | 00:47:18 | 00:47:25 |
| 155 | 521 | RYMARZ Mirosław | M | 149 | MMO MWO | Opole | | 00:47:20 | 00:47:26 |
| 156 | 439 | FIGURSKI Łukasz | M | 150 | MMO MWO | Opole | Fast Foot Opole | 00:47:20 | 00:47:27 |
| 157 | 119 | SEREDYŃECKI Ryszard | M | 151 | | Oława | | 00:47:07 | 00:47:28 |
| 158 | 314 | PRZYBYŁ Jacek | M | 152 | MWO | Luboszyce | | 00:47:38 | 00:47:43 |
| 159 | 230 | MROZEK Mariusz | M | 153 | MMO MWO | Opole | | 00:47:35 | 00:47:45 |
| 160 | 546 | LEWALD Michał | M | 154 | MMO MWO | Opole | | 00:47:24 | 00:47:48 |
| 161 | 28 | HAŁON Andrzej | M | 155 | MMO MWO | Opole | BIEGAM BO LUBIĘ OPOLE | 00:47:40 | 00:47:49 |
| 162 | 279 | KRYPCZYK Michał | M | 156 | | Chorzów | | 00:47:37 | 00:47:49 |
| 163 | 412 | MRUGAŁA Monika | K | 7 | MWO | Węgry | FAST FOOT Opole | 00:47:46 | 00:47:53 |
| 164 | 261 | BURZYŃSKI Konrad | M | 157 | | Tarnowskie Góry | TKS KARATE | 00:47:43 | 00:47:55 |
| 165 | 516 | HANUSIEWICZ Roman | M | 158 | MWO | Głubczyce | | 00:47:33 | 00:47:56 |
| 166 | 482 | BERENDOWICZ Tomasz | M | 159 | MMO MWO | Opole | | 00:47:46 | 00:48:01 |
| 167 | 143 | OLENDER Grzegorz | M | 160 | PFT | Wrocław | | 00:47:55 | 00:48:05 |
| 168 | 51 | PIOTROWSKI Krzysztof | M | 161 | MWO | Krapkowice | CROSS KRAPKOWICE | 00:47:45 | 00:48:05 |
| 169 | 182 | ANDRZEJEWSKI Rafał | M | 162 | MMO MWO | Opole | nie chodze ;) | 00:47:40 | 00:48:06 |
| 170 | 453 | KUCHARZAK Dobrosława | K | 8 | MWO | Krapkowice | KS Otmęt Krapkowice | 00:48:03 | 00:48:07 |
| 171 | 398 | MATERLA Marek | M | 163 | | Słupsko | Zryw Słupsko | 00:48:07 | 00:48:11 |
| 172 | 488 | LECHOWICZ Antoni | M | 164 | MWO | Dąbrowka | niezrzeszony | 00:48:02 | 00:48:15 |
| 173 | 232 | KOWALSKI Waldemar | M | 165 | MMO MWO | Opole | | 00:48:00 | 00:48:19 |
| 174 | 420 | NIEDZIELSKI Kacper | M | 166 | | Komprachcice | CCIG | 00:48:05 | 00:48:21 |
| 175 | 469 | ZIĘBICKI Jacek | M | 167 | | Mikołów | Sportowa Rewolucja UPC | 00:48:18 | 00:48:29 |

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| 176 | 124 | BUCZARSKI Bartłomiej | M | 168 | MMO MWO | Opole | DB ORLEN CS | 00:48:23 | 00:48:36 |
| 177 | 97 | SŁOMKA Marek | M | 169 | MMO MWO | Opole | solo opole | 00:48:33 | 00:48:45 |
| 178 | 298 | STEPOWICZ Marek | M | 170 | | Wrocław | | 00:48:30 | 00:48:47 |
| 179 | 216 | KWAPISZ Piotr | M | 171 | MWO | Stare Budkowice | Komandos Opole | 00:48:25 | 00:48:48 |
| 180 | 472 | JÓZEFOWSKI Konrad | M | 172 | | Wieruszów | | 00:48:29 | 00:48:48 |
| 181 | 414 | KOŁB Magdalena | K | 9 | MWO | Krapkowice | Garage Gym | 00:48:45 | 00:48:49 |
| 182 | 151 | MUSUR Adam | M | 173 | | Oleśnica | KB Lupus Oleśnica | 00:48:37 | 00:48:50 |
| 183 | 407 | KACZMARSKI Rafał | M | 174 | | Wabienice | KB Lupus Oleśnica | 00:48:36 | 00:48:50 |
| 184 | 83 | DYLLA Franz | M | 175 | MWO | Tarnów Opolski | | 00:48:37 | 00:48:51 |
| 185 | 335 | KUCZEK Krzysztof | M | 176 | MWO | Brzeg | | 00:48:40 | 00:48:53 |
| 186 | 288 | ZIMON Adam | M | 177 | | Wrocław | RKB | 00:48:40 | 00:48:55 |
| 187 | 477 | KNOP Krzysztof | M | 178 | MMO MWO | Opole | | 00:49:03 | 00:49:08 |
| 188 | 214 | ROGOWSKI Robert | M | 179 | MMO MWO | Opole | | 00:49:06 | 00:49:10 |
| 189 | 379 | KANIA Mariusz | M | 180 | MWO | Kluczbork | | 00:48:31 | 00:49:10 |
| 190 | 166 | BŁOCH Marek | M | 181 | MWO | Grodków | | 00:49:00 | 00:49:11 |
| 191 | 518 | MIKSA Marcin | M | 182 | MWO | Głucholazy | | 00:48:30 | 00:49:11 |
| 192 | 173 | ZAPOTOCZNY Piotr | M | 183 | MWO | Grodków | | 00:49:00 | 00:49:11 |
| 193 | 352 | DRÓZDŹ Maciej | M | 184 | | Felinów | | 00:49:07 | 00:49:13 |
| 194 | 239 | SADOWSKI Andrzej | M | 185 | MWO | Dziewiętlice | | 00:49:04 | 00:49:14 |
| 195 | 187 | USZKO Sabina | K | 10 | MWO | Siedlec | niezrzeszony | 00:49:09 | 00:49:17 |
| 196 | 415 | GIBAŁA Arkadiusz | M | 186 | MMO MWO PFT | Opole | CCIG | 00:48:53 | 00:49:22 |
| 197 | 397 | HADRYŚ Rafał | M | 187 | MWO | Kluczbork | Earth Power Running Team | 00:49:06 | 00:49:25 |
| 198 | 170 | NOSEK Marcin | M | 188 | PFT | Wrocław | | 00:49:13 | 00:49:27 |
| 199 | 334 | DERLIKIEWICZ Gilbert | M | 189 | MWO | Głogówek | Opa Running style | 00:49:21 | 00:49:28 |
| 200 | 327 | WIORA Józef | M | 190 | MWO | Staniszcze Małe | | 00:49:09 | 00:49:29 |
| 201 | 22 | BARANEK Marek | M | 191 | | Bytom | niezrzeszony | 00:48:52 | 00:49:29 |
| 202 | 3 | SKRZYNKOWSKI Piotr | M | 192 | MMO MWO PFT | Opole | | 00:49:07 | 00:49:30 |
| 203 | 471 | STĘPIEŃ Piotr | M | 193 | MWO | Chmielowice | Wolny Strzlec | 00:49:05 | 00:49:31 |
| 204 | 534 | LISIŃSKI Tomasz | M | 194 | MMO MWO | Opole | Urząd Miasta Opola | 00:49:26 | 00:49:32 |
| 205 | 179 | MURAWICKI Dymitr | M | 195 | MMO MWO | Opole | Opolski Klub Rowerowy | 00:49:12 | 00:49:41 |
| 206 | 408 | KAŻMIERCZAK Andrzej | M | 196 | MMO MWO | Opole | Ługi Bugi Andrzej biegać lubi :p | 00:49:32 | 00:49:45 |
| 207 | 253 | GEĄBARSKI Krzysztof | M | 197 | MWO | Głogówek | Opa Running Style | 00:49:38 | 00:49:45 |
| 208 | 40 | SUŁKOWSKI Marcin | M | 198 | MWO | Krapkowice | | 00:49:19 | 00:49:47 |
| 209 | 373 | WOJTANOWICZ Mariusz | M | 199 | MWO | Głogówek | | 00:49:26 | 00:49:52 |
| 210 | 181 | SZCZĘSNY Grzegorz | M | 200 | MMO MWO | Opole | niezrzeszony - Biegam dla siebie | 00:49:33 | 00:49:58 |
| 211 | 168 | WITKOWSKI Tadeusz | M | 201 | MWO | Tarnów Opolski | niezrzeszony | 00:49:47 | 00:50:00 |
| 212 | 85 | ŚMIEJA Przemysław | M | 202 | MWO | Komprachcice | | 00:49:45 | 00:50:01 |
| 213 | 448 | PIWKO Piotr | M | 203 | MWO | Lewin Brzeski | | 00:49:38 | 00:50:04 |
| 214 | 501 | GÓRECKI Ryszard | M | 204 | | Gliwice | | 00:49:49 | 00:50:05 |
| 215 | 224 | LASOTA Michał | M | 205 | MWO | Dąbrowa | CCIG | 00:49:57 | 00:50:05 |
| 216 | 29 | MAŁEK Maciej | M | 206 | MWO | Walidrogi | | 00:49:56 | 00:50:09 |
| 217 | 311 | WIECZOREK Krzysztof | M | 207 | MMO MWO | Opole | | 00:49:48 | 00:50:13 |
| 218 | 266 | SZRAJBER Michał | M | 208 | MWO | Strzelce Opolskie | Rsir Strzelce Opolskie | 00:50:01 | 00:50:15 |
| 219 | 529 | MATUSZCZYK Adrian | M | 209 | MWO | Szczepanek | | 00:49:41 | 00:50:15 |
| 220 | 219 | MARGOS Dominika | K | 11 | MWO | Węgry | | 00:49:53 | 00:50:16 |
| 221 | 244 | PIĄTEK Marcin | M | 210 | MMO MWO | Opole | | 00:49:54 | 00:50:17 |

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| 222 | 484 | JURCZYK Patryk | M | 211 | | Katowice | Katowice | 00:49:50 | 00:50:20 |
| 223 | 316 | PORADA Małgorzata | K | 12 | MMO MWO | Opole | BBL Opole | 00:50:10 | 00:50:23 |
| 224 | 545 | SZOSTAK Bogusław | M | 212 | MMO MWO | Opole | | 00:50:05 | 00:50:32 |
| 225 | 478 | WIELGUS Sebastian | M | 213 | | Oborniki Śl. | KS Rościszewice | 00:49:58 | 00:50:33 |
| 226 | 165 | KRUCZKIEWICZ Magdalena | K | 13 | | Wrocław | KRUKI | 00:49:57 | 00:50:35 |
| 227 | 1005 | PURGAŁ Grzegorz | M | 214 | MMO MWO | Opole | | 00:50:20 | 00:50:40 |
| 228 | 364 | UCIECHOWSKA Jola | K | 14 | MMO MWO | Opole | UKS MOS Opole | 00:50:38 | 00:50:41 |
| 229 | 309 | WASIELEWSKI Włodzimierz | M | 215 | MWO | Zdzieszowice | LUKS Azymek Zdzieszowice | 00:50:16 | 00:50:41 |
| 230 | 4 | SKRZYŃKOWSKA Joanna | K | 15 | MMO MWO PFT | Opole | | 00:50:20 | 00:50:42 |
| 231 | 84 | KOSTRZEWA Krzysztof | M | 216 | MWO | Ozimek | | 00:50:15 | 00:50:49 |
| 232 | 246 | WRÓBEL Anna | K | 16 | | Warszawa | MMF | 00:50:38 | 00:50:51 |
| 233 | 71 | KORABIEWSKI Tomasz | M | 217 | MMO MWO | Opole | | 00:50:36 | 00:50:54 |
| 234 | 80 | MISIURSKI Przemysław | M | 218 | MWO | Łędziny | niezrzeszony | 00:50:42 | 00:50:54 |
| 235 | 426 | KRĘCZYŃSKI Jacek | M | 219 | | Gliwice | Niezrzeszony | 00:50:24 | 00:50:55 |
| 236 | 473 | RADZEWSKI Rafał | M | 220 | | Poznań | | 00:50:38 | 00:50:55 |
| 237 | 324 | LIGNAR Andrzej | M | 221 | MWO | Gwoździce | niezrzeszony | 00:50:26 | 00:50:58 |
| 238 | 218 | CITKO Maciej | M | 222 | MWO | Przysiecz | | 00:50:38 | 00:51:01 |
| 239 | 318 | CEDRO Damian | M | 223 | MMO MWO | Opole | Malinka Opole | 00:50:58 | 00:51:10 |
| 240 | 455 | KARDELA Bartosz | M | 224 | MMO MWO | Opole | | 00:50:47 | 00:51:12 |
| 241 | 502 | NOWAKOWSKI Piotr | M | 225 | MMO MWO | Opole | | 00:50:34 | 00:51:14 |
| 242 | 399 | FLORECKI Andrzej | M | 226 | | Gliwice | AKMB Pędziwiatr Gliwice | 00:51:10 | 00:51:15 |
| 243 | 26 | GÓRSKI Maciej | M | 227 | MWO | Gracze | Be Better | 00:51:02 | 00:51:16 |
| 244 | 184 | POSPIESZYŃSKI Przemysław | M | 228 | MMO MWO | Opole | | 00:51:01 | 00:51:19 |
| 245 | 307 | GREGORCZYK Magdalena | K | 17 | MMO MWO | Opole | | 00:50:59 | 00:51:23 |
| 246 | 158 | MAZURKIEWICZ Tomasz | M | 229 | MMO MWO | Opole | | 00:50:57 | 00:51:24 |
| 247 | 390 | PIWODA Maciej | M | 230 | MMO MWO | Opole | | 00:51:05 | 00:51:28 |
| 248 | 228 | SAMSEL Grzegorz | M | 231 | MWO | Kędzierzyn-Koźle | | 00:51:10 | 00:51:34 |
| 249 | 464 | MAJEWSKA Magdalena | K | 18 | MWO | Lisieście | Morsy Dębowa | 00:51:24 | 00:51:44 |
| 250 | 417 | GÓRSKI Łukasz | M | 232 | MWO | Prudnik | CCIG | 00:51:29 | 00:51:48 |
| 251 | 113 | GAWŁOWSKI Andrzej | M | 233 | | Lubliniec | KLUB MORSÓW "SOPEL" | 00:51:41 | 00:51:49 |
| 252 | 524 | BIEDA Wojciech | M | 234 | MWO | Kotórz Mały | | 00:51:33 | 00:51:55 |
| 253 | 96 | ŁUCZKO Kamil | M | 235 | MMO MWO | Opole | Biegam bo lubie | 00:51:29 | 00:51:55 |
| 254 | 64 | KRET Kinga | K | 19 | MMO MWO | Opole | Vege Runners | 00:51:40 | 00:52:04 |
| 255 | 485 | GDYNIA Joachim | M | 236 | MWO | Dąbrowka | niezrzeszony | 00:51:41 | 00:52:07 |
| 256 | 55 | SOBOLEWSKI Rafał | M | 237 | | Warszawa | | 00:51:42 | 00:52:08 |
| 257 | 459 | DZAŁBA Zdzisław | M | 238 | MMO MWO | Opole | | 00:51:50 | 00:52:09 |
| 258 | 429 | KORZEC Mateusz | M | 239 | MMO MWO | Opole | CCIG | 00:51:57 | 00:52:15 |
| 259 | 451 | PARUSZEWSKA Joanna | K | 20 | MMO MWO | Opole | FAST FOOT Opole | 00:51:55 | 00:52:16 |
| 260 | 424 | GIBAŁA Krzysztof | M | 240 | | Wrocław | Contour Technology | 00:51:51 | 00:52:20 |
| 261 | 500 | KONIECZNY Adam | M | 241 | MMO MWO | Opole | | 00:52:02 | 00:52:20 |
| 262 | 197 | SALERA Marek | M | 242 | MWO | Krapkowice | | 00:52:18 | 00:52:22 |
| 263 | 31 | SOBOŃ Daria | K | 21 | MWO | Mechnice | | 00:51:57 | 00:52:26 |
| 264 | 126 | OGORZELEC Mariusz | M | 243 | MMO MWO PFT | Opole | FAST FOOT Opole | 00:51:52 | 00:52:26 |
| 265 | 1001 | GIEDROJC Przemysław | M | 244 | MWO | Strzelce Opolskie | | 00:51:50 | 00:52:27 |
| 266 | 41 | SZAJCA Katarzyna | K | 22 | MWO | Dobrzeń Wielki | | 00:52:14 | 00:52:28 |
| 267 | 493 | JAWORSKI Piotr | M | 245 | MMO MWO | Opole | | 00:52:14 | 00:52:30 |

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| 268 | 466 | GIET Adam | M | 246 | MWO | Kędzierzyn-Koźle | Morsy Dębowa | 00:52:12 | 00:52:32 |
| 269 | 347 | PAWŁOWSKI Marek | M | 247 | | Kotulin | | 00:52:16 | 00:52:33 |
| 270 | 161 | CIEPAJ Ewa | K | 23 | MMO MWO | Opole | | 00:52:13 | 00:52:35 |
| 271 | 290 | KOWALEWSKI Łukasz | M | 248 | MMO MWO | Opole | AZS AWF Wrocław | 00:52:11 | 00:52:36 |
| 272 | 401 | PRZEŚLICA Jan | M | 249 | | Gliwice | niezrzeszony | 00:52:16 | 00:52:37 |
| 273 | 396 | KOCIOŁEK Andrzej | M | 250 | MWO | Osowiec- Trzęsina | niezrzeszony | 00:52:29 | 00:52:37 |
| 274 | 461 | MROWCA Bogusława | K | 24 | MMO MWO | Opole | LUKS ŻÓRAWINA | 00:52:22 | 00:52:39 |
| 275 | 336 | SEREK Maciej | M | 251 | MMO MWO | Opole | niezrzeszony | 00:52:26 | 00:52:48 |
| 276 | 34 | ZAMRÓZ Zbigniew | M | 252 | MMO MWO | Opole | | 00:52:40 | 00:53:00 |
| 277 | 328 | HYRKIEL Paweł | M | 253 | | Krakow | | 00:52:48 | 00:53:04 |
| 279 | 154 | RUDNICKA Jowita | K | 25 | MMO MWO | Opole | | 00:52:41 | 00:53:05 |
| 280 | 155 | HEBDA Elżbieta | K | 26 | MMO MWO | Opole | | 00:52:41 | 00:53:05 |
| 278 | 374 | ZAMŁYŃSKI Michał | M | 254 | MWO | Olesno | | 00:52:32 | 00:53:05 |
| 281 | 323 | WOREK Bartosz | M | 255 | MWO | Głucholazy | | 00:52:40 | 00:53:08 |
| 282 | 359 | SZYMAŃSKI Grzegorz | M | 256 | MMO MWO | Opole | CCIG | 00:52:52 | 00:53:08 |
| 283 | 418 | MIELCZAREK Adam | M | 257 | MMO MWO | Opole | CCIG | 00:52:51 | 00:53:09 |
| 284 | 186 | KUMOR Danuta | K | 27 | MMO MWO | Opole | DanJan | 00:52:58 | 00:53:20 |
| 285 | 163 | RZEWUSKA Aleksandra | K | 28 | MMO MWO | Opole | Brak | 00:52:41 | 00:53:23 |
| 286 | 116 | JAGIELSKA Magdalena | K | 29 | | Kłobuck | | 00:53:17 | 00:53:23 |
| 287 | 489 | SZATKA Beata | K | 30 | MWO | Gogolin | niezrzeszony | 00:52:58 | 00:53:25 |
| 288 | 231 | ŁUBNIEWSKI Waldemar | M | 258 | | Dąbrowa Górnicza | MASAJ Prudnik | 00:53:13 | 00:53:27 |
| 290 | 60 | DUDEK Emilia | K | 31 | MWO | Nysa | NYSA BIEGA | 00:53:09 | 00:53:29 |
| 289 | 402 | SZCZEPANIAK Łukasz | M | 259 | MWO | Ozimek | | 00:52:54 | 00:53:29 |
| 292 | 66 | ŚWIERCZEK Sylwia | K | 32 | MWO | Lewin Brzeski | FALSTART | 00:53:01 | 00:53:31 |
| 291 | 550 | SOBIERAJ Aleksander | M | 260 | MMO MWO | Opole | Bieg Opolski | 00:52:56 | 00:53:31 |
| 293 | 385 | JAROS Jarosław | M | 261 | MWO | Tułowice | | 00:52:55 | 00:53:31 |
| 294 | 487 | KURPAS Agata | K | 33 | MWO | Zdzieszowice | | 00:53:21 | 00:53:34 |
| 295 | 53 | LIER Paweł | M | 262 | MWO | Niwki | WBK "Skorpion" | 00:53:18 | 00:53:40 |
| 296 | 310 | KLIMCZAK Bronisław | M | 263 | | Czestochowa | amator | 00:53:42 | 00:53:44 |
| 297 | 121 | GŁOWACKI Tomasz | M | 264 | MMO MWO | Opole | | 00:53:31 | 00:53:55 |
| 298 | 211 | MACIERZYŃSKI Adam | M | 265 | MMO MWO | Opole | | 00:53:19 | 00:53:55 |
| 299 | 99 | CYGAN Andrzej | M | 266 | | Rędziny | | 00:53:25 | 00:53:57 |
| 300 | 301 | ŻURAWSKI Karol | M | 267 | | Wrocław | | 00:53:40 | 00:54:02 |
| 301 | 454 | TOMASZ Piotr | M | 268 | MMO MWO | Opole | | 00:53:48 | 00:54:03 |
| 302 | 436 | RESPONDEK Dariusz | M | 269 | | Wrocław | | 00:53:38 | 00:54:09 |
| 303 | 220 | BYCZKOWSKI WOJTYCZKA Mirosław | M | 270 | MMO MWO | Opole | | 00:53:53 | 00:54:09 |
| 304 | 172 | IZDEBSKI Jurystaw | M | 271 | MWO | Olesno | olesno | 00:53:37 | 00:54:10 |
| 305 | 503 | MANDZIAK Marcin | M | 272 | | Tyniec Mały | | 00:53:50 | 00:54:11 |
| 306 | 345 | SMĘDZIK Ewelina | K | 34 | | Kotulin | | 00:53:49 | 00:54:18 |
| 307 | 32 | ZARZECKI Lech | M | 273 | MWO | Kluczbork | Biegam, bo lubię. Opole | 00:53:52 | 00:54:19 |
| 308 | 111 | HOFFMAN Artur | M | 274 | MMO MWO | Opole | | 00:53:49 | 00:54:22 |
| 309 | 273 | SIÓDMAK Sławomir | M | 275 | MWO | Olesno | | 00:53:51 | 00:54:24 |
| 310 | 481 | WĄSEK Joanna | K | 35 | MMO MWO | Opole | Biegam Bo Lubię Opole | 00:54:10 | 00:54:38 |
| 311 | 180 | LIPCZAK Amadeusz | M | 276 | MMO MWO | Opole | | 00:53:57 | 00:54:39 |
| 312 | 427 | MEDWID Kasia | K | 36 | MWO | Krapkowice | GarageGym | 00:54:13 | 00:54:40 |

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| 313 | 468 | MAŁEK Tomasz | M | 277 | | Oława | Autoliv Biega | 00:54:22 | 00:54:46 |
| 314 | 514 | RADOMSKI Robert | M | 278 | | Częstochowa | | 00:54:13 | 00:54:54 |
| 315 | 511 | ŁUCZAK Mateusz | M | 279 | MMO MWO | Wrocław | | 00:54:19 | 00:54:55 |
| 316 | 192 | PALEJ Leszek | M | 280 | | Zabrze | Biegam z Sercem.pl | 00:54:22 | 00:54:58 |
| 317 | 156 | KLESZCZYŃSKI Krzysztof | M | 281 | MWO | Nysa | | 00:54:22 | 00:55:03 |
| 318 | 145 | NOWAINSKI FILIP | M | 282 | MWO | CZARNOWĄSY | | 00:54:42 | 00:55:05 |
| 319 | 136 | OGRODOWSKI Paweł | M | 283 | MWO | Kędzierzyn-Koźle | | 00:54:27 | 00:55:10 |
| 320 | 303 | MOKRZYCKI Adam | M | 284 | MMO MWO | Opole | | 00:54:35 | 00:55:11 |
| 321 | 393 | CHOMIAK Agata | K | 37 | MWO | Dylaki | | 00:54:59 | 00:55:13 |
| 322 | 395 | RZEPECKA Katarzyna | K | 38 | | Wrocław | CCIG | 00:55:04 | 00:55:20 |
| 323 | 167 | IGNAC Paweł | M | 285 | MMO MWO | Opole | | 00:54:51 | 00:55:24 |
| 324 | 306 | STĘPIEŃ Leszek | M | 286 | MWO | Chmielowice | wolny strzelec | 00:55:07 | 00:55:32 |
| 325 | 131 | PRZYBYŁEK Mieszko | M | 287 | MMO MWO | Opole | | 00:55:18 | 00:55:36 |
| 326 | 406 | IONESI Roman | M | 288 | MMO MWO | Opole | | 00:55:20 | 00:55:37 |
| 327 | 475 | WIELGUS Jan | M | 289 | | Rościszewice | KS Rościszewice | 00:54:59 | 00:55:38 |
| 328 | 494 | MATERA Adam | M | 290 | | Częstochowa | | 00:54:57 | 00:55:38 |
| 329 | 299 | CHANAS Grzegorz | M | 291 | MMO MWO | Opole | BBL Opole | 00:55:18 | 00:55:39 |
| 330 | 434 | MALCZEWSKI Rafał | M | 292 | MWO | Stare Budkowice | | 00:55:17 | 00:55:48 |
| 331 | 431 | BARAŃSKA Małgorzata | K | 39 | MMO MWO | Opole | | 00:55:26 | 00:55:51 |
| 332 | 269 | RABE Ewelina | K | 40 | MWO | Zimnice Małe | | 00:55:20 | 00:55:54 |
| 333 | 78 | MYLEK Piotr | M | 293 | MMO MWO | Opole | | 00:55:25 | 00:55:55 |
| 334 | 70 | GRUCHALSKA Marta | K | 41 | MMO MWO | Opole | | 00:55:33 | 00:56:01 |
| 335 | 193 | STANEK Mirosław | M | 294 | MMO MWO | Opole | ----- | 00:55:37 | 00:56:04 |
| 336 | 20 | SZCZEPANIAK Andrzej | M | 295 | | Karłowice | | 00:55:41 | 00:56:09 |
| 337 | 498 | KOWZAN Adam | M | 296 | MMO MWO | Opole | | 00:55:53 | 00:56:14 |
| 338 | 242 | JABŁŃSKI Kazimierz | M | 297 | MWO | Prądy | | 00:55:40 | 00:56:14 |
| 339 | 213 | GLIŃSKI Michał | M | 298 | | Częstochowa | Stowarzyszenie Be Better | 00:56:01 | 00:56:15 |
| 340 | 7 | PAWŁOWSKI Marek | M | 299 | MMO MWO | Opole | MARATONYPOLSKIE.PL TEAM | 00:55:47 | 00:56:16 |
| 342 | 39 | RUSAKOWICZ Sylwia | K | 42 | MWO | Krapkowice | | 00:55:53 | 00:56:19 |
| 341 | 444 | KOCIK Marcin | M | 300 | | Wrocław | | 00:55:55 | 00:56:19 |
| 343 | 150 | GÓRA Marek | M | 301 | | Tarnowskie Góry | | 00:55:48 | 00:56:20 |
| 344 | 304 | ŁABUS Michał | M | 302 | MMO MWO | Opole | | 00:55:56 | 00:56:23 |
| 345 | 73 | STOJKA Bartłomiej | M | 303 | MWO | Kluczbork | ZIP | 00:56:07 | 00:56:23 |
| 346 | 278 | STOJKA Sławomir | M | 304 | MWO | Kluczbork | | 00:55:42 | 00:56:24 |
| 347 | 486 | FOX Maria | K | 43 | MWO | Obrowiec | niezrzeszony | 00:56:03 | 00:56:29 |
| 349 | 1008 | SIDOROWICZ Joanna | K | 44 | | NOWA RUDA | | 00:56:02 | 00:56:32 |
| 348 | 1006 | ROŚLICKI Jarosław | M | 305 | | Wrocław | | 00:56:03 | 00:56:32 |
| 350 | 222 | STERNIUK Piotr | M | 306 | MMO MWO | Opole | 60 | 00:56:01 | 00:56:34 |
| 351 | 372 | GIERMAK Maciej | M | 307 | MMO MWO | Opole | | 00:56:04 | 00:56:35 |
| 352 | 428 | MEDWID Iwona | K | 45 | MWO | Krapkowice | | 00:56:13 | 00:56:40 |
| 353 | 409 | KARDASIŃSKA Karolina | K | 46 | MMO MWO | Opole | | 00:56:42 | 00:56:51 |
| 354 | 404 | KARDASIŃSKI Krzysztof | M | 308 | MMO MWO | Opole | Policja Opole | 00:56:50 | 00:56:51 |
| 355 | 210 | GAŁUSZKA Tomasz | M | 309 | MWO | Brzeg | niezrzeszony | 00:56:46 | 00:56:53 |
| 356 | 319 | MAŚLAK Grzegorz | M | 310 | MMO MWO | Opole | | 00:56:34 | 00:56:54 |
| 357 | 101 | FURS Marcin | M | 311 | MMO MWO | Opole | | 00:56:28 | 00:56:55 |
| 358 | 538 | CYWKA Sławomir | M | 312 | MMO MWO | Opole | Bieg Polski | 00:56:08 | 00:56:55 |

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| 359 | 536 | SKOP Michał | M | 313 | | Zabrze | Bieg Opolski | 00:56:08 | 00:56:55 |
| 360 | 321 | WOREK Jarosław | M | 314 | MWO | Głucholazy | | 00:56:33 | 00:57:01 |
| 361 | 280 | KRYPCZYK Katarzyna | K | 47 | | Chorzów | | 00:56:36 | 00:57:03 |
| 362 | 195 | LUBCZYŃSKA Kamila | K | 48 | MWO | Brzeg | brak | 00:56:25 | 00:57:03 |
| 363 | 284 | PASOŃ Marcin | M | 315 | MWO | Kaniów | Niezrzeszony | 00:56:42 | 00:57:04 |
| 364 | 98 | BOJARSKI Artur | M | 316 | MMO MWO | Opole | NULL | 00:56:40 | 00:57:05 |
| 365 | 174 | GIEWANOWICZ Daria | K | 49 | MMO MWO | Opole | | 00:56:44 | 00:57:07 |
| 366 | 495 | ROLKA Grzegorz | M | 317 | MWO | Niewodniki | | 00:56:38 | 00:57:18 |
| 367 | 530 | FOPKE Małgorzata | K | 50 | MMO MWO | Opole | | 00:56:48 | 00:57:20 |
| 368 | 107 | KOWALCZYK Beata | K | 51 | MMO MWO | Opole | | 00:56:52 | 00:57:22 |
| 369 | 79 | KITA Ewa | K | 52 | MWO | Kędzierzyn-Koźle | | 00:57:12 | 00:57:25 |
| 370 | 549 | MUCHA Dariusz | M | 318 | MMO MWO | Opole | | 00:57:02 | 00:57:26 |
| 371 | 2 | WÓJCIK Maciej | M | 319 | MMO MWO | Opole | | 00:57:05 | 00:57:27 |
| 372 | 8 | STAROŃ Antonina | K | 53 | MWO | Brzeg | | 00:56:55 | 00:57:29 |
| 373 | 258 | GADOWSKA Anna | K | 54 | | Wrocław | | 00:57:02 | 00:57:32 |
| 374 | 86 | KAMELA Mateusz | M | 320 | MMO MWO | Opole | | 00:56:54 | 00:57:36 |
| 375 | 349 | WRÓBLEWSKA Ula | K | 55 | MWO | Ścinawa Mała | | 00:57:18 | 00:57:39 |
| 376 | 312 | ŁASUT Jakub | M | 321 | MWO | Nysa | | 00:57:06 | 00:57:45 |
| 377 | 403 | BARDJAN Kamil | M | 322 | MMO MWO | Opole | | 00:57:18 | 00:58:00 |
| 378 | 104 | BEDNARCZYK Wiesław | M | 323 | MWO | Brzeg | | 00:57:43 | 00:58:02 |
| 379 | 248 | BRAŃCZYK Adriana | K | 56 | MWO | Brzeg | SCA Hygiene products, Oława | 00:57:34 | 00:58:04 |
| 380 | 16 | KOCHANOWSKA Ewa | K | 57 | MMO MWO | Opole | gitd.pl | 00:57:40 | 00:58:11 |
| 381 | 234 | ZIENTEK Iwona | K | 58 | MMO MWO | Opole | | 00:57:33 | 00:58:11 |
| 382 | 322 | DANIK Krzysztof | M | 324 | MMO MWO | Opole | | 00:57:42 | 00:58:12 |
| 383 | 257 | BOGDANOV Marek | M | 325 | MMO MWO | Opole | | 00:57:37 | 00:58:13 |
| 384 | 67 | TADLA Bartosz | M | 326 | MWO | Lewin Brzeski | FALSTART | 00:57:43 | 00:58:16 |
| 385 | 63 | SOKOŁOWSKI Tomasz | M | 327 | MMO MWO | Opole | Bieg Opolski | 00:57:44 | 00:58:20 |
| 386 | 118 | LEWANDOWSKA Danuta | K | 59 | MWO | Tułowice | | 00:57:37 | 00:58:22 |
| 387 | 537 | SZYSZKA Kasia | K | 60 | MMO MWO | Opole | Bieg Opolski | 00:58:09 | 00:58:29 |
| 388 | 348 | DEREŃ Anita | K | 61 | MWO | Mechnice | | 00:57:57 | 00:58:32 |
| 389 | 240 | SADOWSKA Magdalena | K | 62 | MWO | Dziewiętlice | | 00:57:51 | 00:58:33 |
| 390 | 164 | KRUCZKIEWICZ Mateusz | M | 328 | | Wrocław | KRUKI | 00:58:00 | 00:58:38 |
| 391 | 57 | WALECKI Marek | M | 329 | MMO MWO | Opole | Bieg Opolski | 00:58:06 | 00:58:43 |
| 392 | 547 | KOSOBUDZKA Monika | K | 63 | | Sosnowiec | WIKOSS SPORT | 00:58:08 | 00:58:46 |
| 393 | 548 | KOSOBUDZKI Sebastian | M | 330 | | Sosnowiec | WIKOSS SPORT | 00:58:07 | 00:58:46 |
| 394 | 368 | KAMIŃSKI Adam | M | 331 | MWO | Karczów | CCIG | 00:58:31 | 00:58:48 |
| 395 | 470 | ROGALSKA Zuzanna | K | 64 | MMO MWO | Opole | | 00:58:13 | 00:58:50 |
| 396 | 370 | NOWAK Ania | K | 65 | MWO | Olesno | | 00:58:22 | 00:58:56 |
| 397 | 369 | GÓRNICKI Radek | M | 332 | MWO | Kościeliska | KPP Olesno | 00:58:21 | 00:58:56 |
| 398 | 405 | PACHOLAK Grzegorz | M | 333 | MMO MWO | Opole | | 00:58:19 | 00:58:59 |
| 399 | 120 | ZACHARKO - GŁOWACKA Anna | K | 66 | MMO MWO | Opole | | 00:58:23 | 00:59:02 |
| 400 | 467 | CZERŃIA Jarosław | M | 334 | MWO | Ozimek | | 00:58:23 | 00:59:05 |
| 401 | 268 | PAŁAC Andrzej | M | 335 | MMO MWO | Opole | | 00:58:47 | 00:59:08 |
| 402 | 483 | JAKIEŁA Anna | K | 67 | MMO MWO | Opole | treningbiegacza.pl | 00:58:35 | 00:59:10 |
| 403 | 520 | GRABOWSKI Marcin | M | 336 | | Wrocław | | 00:58:47 | 00:59:12 |
| 404 | 391 | LUDWIG-CHŁAD Aneta | K | 68 | MMO MWO | Opole | | 00:58:42 | 00:59:15 |

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| 405 | 225 | SIEKIERKA Karolina | K | 69 | | Gliwice | | 00:59:11 | 00:59:23 |
| 406 | 223 | WOJCIECHOWSKI Piotr | M | 337 | | Warszawa | | 00:59:07 | 00:59:25 |
| 407 | 367 | PIJANKA Monika | K | 70 | MMO MWO | Opole | | 00:58:55 | 00:59:26 |
| 408 | 33 | MASZKOWSKI Jacek Kazimierz | M | 338 | MWO | Polska Nowa Wieś | niezrzeszony | 00:58:54 | 00:59:32 |
| 409 | 50 | SŁABOŃ Roma | K | 71 | | Gliwice | | 00:59:02 | 00:59:33 |
| 410 | 507 | WIECZOREK Piotr | M | 339 | | Krupski Młyn | OSP Krupski Młyn | 00:58:51 | 00:59:37 |
| 411 | 114 | KRÓL Mieczysław | M | 340 | MMO MWO | Opole | 666 | 00:59:09 | 00:59:47 |
| 412 | 308 | WASIELEWSKA Teresa | K | 72 | MWO | Zdzieszowice | LUKS Azymek Zdzieszowice | 00:59:34 | 00:59:59 |
| 413 | 411 | GAERTNER Łukasz | M | 341 | MWO PFT | Łubniany | | 00:59:35 | 01:00:04 |
| 414 | 191 | PULCHNY Maria | K | 73 | | Gliwice | Biegam z Sercem | 00:59:29 | 01:00:05 |
| 415 | 88 | PULCHNY Zbigniew | M | 342 | | Gliwice | Biegam z Sercem | 00:59:29 | 01:00:06 |
| 416 | 532 | SKRĘTKOWSKI Tomasz | M | 343 | MMO MWO | Opole | | 00:59:40 | 01:00:12 |
| 417 | 341 | MACH Łukasz | M | 344 | MWO | Chróścina | www.reha.opole.pl | 00:59:35 | 01:00:19 |
| 418 | 344 | MIKOŁAJCZYK Łukasz | M | 345 | MWO | Kędzierzyn-Koźle | mój pierwszy raz :-) | 00:59:36 | 01:00:19 |
| 419 | 326 | BRAMBERGER - TRACZ Agnieszka | K | 74 | MMO MWO | Opole | | 01:00:00 | 01:00:35 |
| 420 | 535 | GAJDA Urszula | K | 75 | MMO MWO | Opole | Bieg Opolski | 00:59:53 | 01:00:39 |
| 421 | 110 | RUSAK Małgorzata | K | 76 | MWO | Tułowice | | 00:59:57 | 01:00:41 |
| 422 | 425 | JASIŃSKA Barbara | K | 77 | MWO | Dworek | CCIG opole | 01:00:42 | 01:01:01 |
| 423 | 508 | MICHALEWSKA Anna | K | 78 | MWO | Głubczyce | | 01:00:42 | 01:01:06 |
| 424 | 491 | ORLIŃSKI Krzysztof | M | 346 | MMO MWO | Opole | | 01:00:27 | 01:01:09 |
| 425 | 236 | ZBOROWSKI Jakub | M | 347 | MMO MWO | Opole | CCIG | 01:00:57 | 01:01:14 |
| 426 | 102 | ZIĘBIŃSKI Tomasz | M | 348 | MMO MWO | Opole | brak | 01:00:48 | 01:01:18 |
| 427 | 437 | HACZYK Gabriela | K | 79 | MMO MWO | Opole | Bieg Opolski | 01:00:43 | 01:01:23 |
| 428 | 302 | KOŚCIOŁEK Agnieszka | K | 80 | | Głubczyce | | 01:01:06 | 01:01:28 |
| 429 | 243 | WOLIŃSKI Rafał | M | 349 | | Pruszków | MMF | 01:01:16 | 01:01:31 |
| 430 | 177 | WOJTYSIAK Agnieszka | K | 81 | MMO MWO | Opole | Opolski Klub Rowerowy | 01:01:06 | 01:01:36 |
| 431 | 132 | KINDER Marcin | M | 350 | MWO | Bogacica | ZIP | 01:01:21 | 01:01:37 |
| 432 | 260 | GICZEWSKA Magda | K | 82 | | Bytom | | 01:00:59 | 01:01:39 |
| 433 | 355 | PATER Zbigniew | M | 351 | | Wrocław | WKB PIAST WROCLAW | 01:01:13 | 01:01:47 |
| 434 | 531 | ADAMSKA Judyta | K | 83 | MMO MWO | Opole | | 01:01:25 | 01:01:53 |
| 435 | 413 | MADEJ Małgorzata | K | 84 | MWO | Brynica | FAST FOOT Opole | 01:01:23 | 01:01:54 |
| 436 | 105 | CYPARSKA Małgorzata | K | 85 | MMO MWO | Opole | | 01:01:35 | 01:01:57 |
| 437 | 47 | PIETRUSZYŃSKI Dariusz | M | 352 | MMO MWO | Opole | ALLELUJA I DO PRZODU | 01:01:43 | 01:02:02 |
| 438 | 433 | DYBKA Michał | M | 353 | MWO | Kluczbork | | 01:01:40 | 01:02:08 |
| 439 | 510 | CHRZANOWSKA Katarzyna | K | 86 | MMO MWO | Wrocław | | 01:01:37 | 01:02:14 |
| 441 | 384 | BEDNORZ Ewelina | K | 87 | MWO | Świerkle | | 01:02:16 | 01:02:30 |
| 440 | 465 | CZOK Jacek | M | 354 | MMO MWO PFT | Opole | | 01:01:59 | 01:02:30 |
| 442 | 389 | LAMPRYCHT Robert | M | 355 | MMO MWO | Opole | Earth Power Running Team | 01:02:16 | 01:02:35 |
| 443 | 153 | WOLAK Damian | M | 356 | MWO | Grodków | | 01:02:26 | 01:03:06 |
| 444 | 440 | PACHUTA Sabina | K | 88 | MMO MWO | Opole | Archiwum Państwowe w Opolu | 01:02:58 | 01:03:26 |
| 445 | 378 | MANDES Dorota | K | 89 | MMO MWO | Opole | | 01:03:00 | 01:03:36 |
| 446 | 275 | RADZIKOWSKI Adam | M | 357 | MMO MWO | Opole | | 01:03:19 | 01:03:36 |
| 447 | 252 | RUCKI Krzysztof | M | 358 | | Wrocław | | 01:03:35 | 01:04:04 |
| 448 | 479 | LESKOWICZ Tadeusz | M | 359 | MMO MWO | Opole | | 01:03:55 | 01:04:43 |
| 449 | 106 | PRĘDKA Magdalena | K | 90 | | Warszawa | | 01:04:10 | 01:04:55 |
| 450 | 456 | GRALA Justyna | K | 91 | MMO MWO | Opole | mama Bartka | 01:04:33 | 01:05:04 |

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| 451 | 509 | MATERA Natalia | K | 92 | | Częstochowa | | 01:04:40 | 01:05:21 |
| 452 | 387 | OLESZCZUK Radosław | M | 360 | MWO | Krapkowice | CROSS KRAPKOWICE | 01:05:04 | 01:05:37 |
| 453 | 76 | KRAWCZYK Tomasz | M | 361 | PFT | Kalety | | 01:05:42 | 01:05:46 |
| 454 | 315 | KRAWCZYK Jakub | M | 362 | | Kalety | | 01:05:43 | 01:05:46 |
| 456 | 204 | SMAC Katarzyna | K | 93 | MMO MWO | Opole | niezrzeszony | 01:05:37 | 01:06:16 |
| 455 | 147 | TULIK Krzysztof | M | 363 | MMO MWO | Opole | - | 01:05:33 | 01:06:16 |
| 457 | 525 | FRANKOWSKI Krzysztof | M | 364 | | Lubin | | 01:06:02 | 01:06:47 |
| 458 | 135 | DYDNIĄSKI Mateusz | M | 365 | | Lubin | OGÓLNOPOLSKA SIĘĆ SZKÓŁ CERTUS | 01:06:02 | 01:06:47 |
| 460 | 11 | BERUS Anna | K | 94 | | Wrocław | | 01:06:20 | 01:07:06 |
| 459 | 13 | BERUS Tomasz | M | 366 | | Wrocław | | 01:06:20 | 01:07:06 |
| 461 | 189 | KUSZ Marzena | K | 95 | MMO MWO | Opole | | 01:06:39 | 01:07:17 |
| 462 | 533 | KWIATKOWSKA Monika | K | 96 | MMO MWO | Opole | BBL | 01:07:02 | 01:07:43 |
| 463 | 45 | KOENIG Jarosław | M | 367 | MMO MWO | Opole | | 01:07:42 | 01:08:20 |
| 464 | 30 | BARTOSZEWICZ Władysław | M | 368 | MMO MWO | Opole | Biegam Bo Lubię Opole | 01:07:40 | 01:08:21 |
| 465 | 523 | TUROWSKI Grzegorz | M | 369 | MWO | Grodków | | 01:08:00 | 01:08:41 |
| 466 | 194 | BIERNACKA Alina | K | 97 | MMO MWO | Opole | | 01:08:27 | 01:09:02 |
| 467 | 377 | MACIOCHA Janina | K | 98 | MWO | Włodary | EARTH POWER RUNNIG TEAM | 01:09:27 | 01:09:46 |
| 468 | 400 | GACZYŃSKA Katarzyna | K | 99 | MWO | Paczków | earth power running team | 01:09:28 | 01:09:47 |
| 469 | 115 | ŻBIKOWSKA Izabela | K | 100 | MMO MWO | Opole | 666 | 01:09:48 | 01:10:26 |
| 470 | 504 | MARONDEL Katarzyna | K | 101 | | Bytom | | 01:10:00 | 01:10:40 |
| 471 | 122 | MAZUR Beata | K | 102 | MMO MWO | Opole | | 01:10:33 | 01:11:11 |
| 472 | 176 | BULAK Jowita | K | 103 | MMO MWO | Opole | brak | 01:10:33 | 01:11:12 |
| 473 | 175 | BULAK Marcin | M | 370 | MMO MWO | Opole | brak | 01:10:42 | 01:11:13 |
| 474 | 343 | BRZOZOWSKA - ZIĘBA Anna | K | 104 | MMO MWO | Opole | | 01:10:40 | 01:11:20 |
| 475 | 342 | ZIĘBA Wawrzyniec | M | 371 | MMO MWO | Opole | | 01:10:40 | 01:11:20 |
| 476 | 152 | KOŁODRUB Małgorzata | K | 105 | MMO MWO | Opole | | 01:10:54 | 01:11:23 |
| 477 | 371 | WYSTUP Monika | K | 106 | MMO MWO | Opole | BBL Opole | 01:11:08 | 01:11:55 |
| 478 | 5 | LAMM Magdalena | K | 107 | MWO | Otmice | | 01:11:40 | 01:12:16 |
| 479 | 450 | TULIK Joanna | K | 108 | MMO MWO | Opole | | 01:11:48 | 01:12:31 |
| 480 | 94 | KONIUSZ-RUP Marzena | K | 109 | MMO MWO | Opole | | 01:11:54 | 01:12:32 |
| 481 | 148 | KIEŁBASA Miron | M | 372 | | Kędzierzyn-Koźle | | 01:12:51 | 01:13:06 |
| 482 | 421 | SZTABA Marta | K | 110 | MWO | Opole | CCIG | 01:15:30 | 01:15:49 |
| 483 | 416 | LIPSKA Katarzyna | K | 111 | MMO MWO PFT | Opole | CCIG Opole | 01:15:35 | 01:15:53 |
| 484 | 190 | POLAK Michalina | K | 112 | MMO MWO | Opole | | 01:18:20 | 01:18:52 |
| 485 | 130 | KLIMKOWICZ Grzegorz | M | 373 | MWO | Dobrzeń Wielki | Bieg opolski | 01:21:03 | 01:21:49 |
| 486 | 100 | WALAS Małgorzata | K | 113 | MMO MWO | Opole | | 01:21:26 | 01:22:05 |
| 487 | 296 | REPA Antoni | M | 374 | | Wrocław | SL Salos | 01:22:50 | 01:23:33 |